

PT HAPPENINGS

RESTORING FUNCTION ONE PATIENT AT A TIME



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From the Desk of Andrea Miller

An unprecedented time at IMG-PT..

Hello everyone- current patients, past patients, even fellow employees! What an interesting past few weeks it has been. As I write this newsletter, it's been about a week since IMG-PT temporarily closed and since I have seen my fellow co-workers and patients.

On Friday, March 20, Chris, Eric, and the IMG-PT staff had to make a very difficult decision regarding not only the safety of the patients, but also for the staff. With COVID-19 sweeping through our nation, the tough decision to close the office was made, with plans to be closed for two weeks and with ultimate hopes of being open by Monday, April 6 (still to be determined).

To say closing the office has been odd and not being able to work normally would be an understatement. I, like many others, am a creature of habit and love having a schedule and routine. I also love the satisfaction of being able to come home after a long day of work and thinking to myself, "I was able to make a positive difference in someone's life today". This has definitely turned my world upside down, like I know it also has for many others. I greatly miss my fellow IMG-PT staff and our wonderful patients. I want you all to know that the staff thinks about you often, and we are constantly concerned about how you are doing. We think about what we would be working on today with you in the clinic, and how we would want to progress you next visit. Believe me, this process does not stop simply because the office is closed.

Chris, Eric, and I have been working hard at keeping on top of taking phone messages, text messages, emails, and phone calls from any patient in need. I think this is what I love most about IMG-PT- just because the office is closed, doesn't mean we stop working and treating our patients in whatever way we can (without the risks of being in person). As the office continues to be physically closed, we want you to each know that we are still available via phone call, email, Instagram, and our Facebook. Don't be afraid to reach out to us!

Despite all of the uncertainty at this time, I wanted to take a moment to focus on some of the positives that I have been seeing from this entire situation. First of all, how about this (relatively) amazing weather we have been having lately!? As I have been walking and running around Fleetwood, I honestly don't remember the last time I saw so many people out and about. Whether it be families with their little ones, people running around with their dogs, kids playing in the park- it's been such an amazing sight. And even better, all the people I have encountered have been smiling and actually taking the time to say "hello". Seeing everything bloom has been a joy.

Another positive has been the ability to do a thorough cleaning of the entire house and the yard. We have only been in our current house for under three years but it is amazing how much “stuff” can accumulate in such a short amount of time. It feels great to clean and organize, but I believe it has also changed my perspective on “things” a bit, as well. Without going into nitty gritty detail, obviously not working takes a financial impact. I have been blessed enough during my PT career to not have experienced this before, but now that this has happened, it has certainly been an eye opener and humbling experience. I am realizing that “things” are just that- “things”. With more time to be at home, I truly realize how blessed I am to have a roof over my head, have three amazing fur babies, to have a husband who is truly my better half, a loving and supportive family, the ability to put food on the table, and to have a work family that treats me just like that- as one of the family.

I know the upcoming times are still uncertain and can be very scary to think about, but I find comfort in knowing that the IMG-PT family will always be there for not only me, but other staff and patients alike. I find comfort in knowing that our community and the rest of the world is listening and following a little bit closer to the recommendations on how to reduce the cases of COVID-19. And last but not least, I find comfort in the faith that we as a community will get through this together- we are strong.

Hoping you all are staying safe and healthy! We miss you all so much and cannot WAIT to see you all soon!

