

PT HAPPENINGS



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November 2021

From the Desk of Eric

Giving Thanks for the Emotional support Elk.....

Hello All,

I hope this newsletter finds you well and enjoying some of the great fall weather and the end of the fall foliage season. As I write this, my daughters are busy with the fall soccer season and staying busy with school as well as other fall activities. Pumpkin everything is starting to show up from coffee to bread and pastries to the classic pumpkin pie with whip cream.....delicious. Whatever your busy fall schedule I hope that you have time to enjoy the changing seasons and all that the fall season has to offer.

I am sure many of you may be wondering what the title of this month's newsletter is all about. Have none of you ever heard of the very new trend of getting an Elk as an emotional support animal. Just as good as a dog but they need a little more space and food and at times you have to watch out for the antlers, but ohh so fluffy! Ok you got me... this is not a new trend, but there is a story behind the emotional support elk. We have great patients here at IMG PT and we are thankful for everyone who has come through our doors for the past 13 years. So many of you have done so many kind things for us through the years, whether it be a kind word or sharing a laugh, to enjoying some wonderful baked goods. We are extremely thankful for you trusting us with your care. This is a story about a very young patient who wanted to express his thanks for our help through the gift of some colored pictures. He brought in a picture for Hannah, Casey and myself. He colored a yellow dinosaur for Hannah because yellow is Hannah's favorite color. He colored a pink squid for Casey, and an orange basketball goal for me. After he was done handing out these very nice and thoughtful pictures for each of us he had 1 left over, a picture of an elk. We asked him who is the picture of the elk for? He replied, "for anyone who is sad and may cry because they did not get a picture." We were all touched by his thoughtfulness and response for being so young and thinking of others. We decided to hang the picture up in the office and anytime we are having a tough moment or feeling a little down we can look to the emotional support elk and can't help but feel uplifted by the little elk on the paper and the thought behind it.

Maybe some of you are struggling with pain and need some support yourself. At IMG PT we are here to help. For this month if you call 610-944-8140 and mention the emotional support elk story we will allow you to schedule a free cold laser treatment (regularly a \$60 value) absolutely free.

We at IMG PT hope everyone has a safe and healthy Thanksgiving! We are so Thankful to have been able to treat so many wonderful patients for these 13 years and we look forward to creating many more great memories in the future.



Meet Debbie

Hello everyone,

My name is Deb Kahl. I am happy to be part of the IMG-PT family. Before I was working at IMG as a receptionist, I was a patient here many times. Each time they helped me recover, which I was so thankful for.



My husband (Kris) and I are married for 36 years (and counting). We were married June 15, 1985 we have two sons, Ryan and Jared and two cats, named Helo and Odin.

When we are not working we love to go on cruises to different islands. Also, we are planning to go to Hawaii and Alaska. We had plans to go to Hawaii last year for our 35th Anniversary, but unfortunately because of Covid, we had to cancel our plans. Hopefully, sometime soon we can go.

We also belong to the Blue Mountain Jeep Alliance Club, where we go on trails with our jeep. Lots of easy, medium and hard trails to choose from, also trails with big rocks (I'm always holding on). Always a fun time.





"I had severe pain and very limited motion when I began therapy. Today I have no pain and my range of motion has increased tremendously. The staff was a pleasure and made my visits both productive and fun."
Carin S. 6-16-2021

"Broke the femur bone in my right leg above my knee. Came to IMG-PT for PT. Came with having to use a walker, graduated to a cane and then to actually walking into therapy. Both Chris and Eric helped me along with numerous assistants to regain my strength in my leg, balance etc, so that I can walk out without any assistance. My walking is back to normal. This was the plan Chris put together right from day one of my therapy. Laser treatments helped in the healing process and the support by Chris, Eric and their staff were super. I would recommend anyone to come here for their therapy." Ron G. 8-11-2021

" Post-op I was unable to move my arm. Full motion is still in progress, but very much improved from when I started. Strength and endurance are returning. I often find myself unconsciously doing an activity I was once unable to complete and silently celebrate each of those victories and accomplishments. I'm looking forward to continuing to implement what I have learned here in Pt as part of my at home routine while strengthening and improving the endurance of my shoulder. Many thanks to your entire staff-it was always a pleasure coming in here."

Jennifer L. 6-21-2021