

PT HAPPENINGS

First Day
of
SCHOOL

Integrated Medical Group-Physical Therapy (IMG-PT), 805 N. Richmond St. #103, Fleetwood PA 19522
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September 2021

From the Desk of Chris

Hello everybody, I hope you are all healthy and staying safe!!! Last year at this time, I wrote about dropping my son off at college for the first time and how my life was changed forever. It is amazing how easier it is to do it the next year after they have been away for a whole year. We are now in the process of trying to pick a school for my middle daughter, Mackenzie. She is looking at schools where she can play basketball and try to major in Physical Therapy or a major that will lead to Physical Therapy graduate schooling. One thing is for sure, I know that when she graduates that she will be a better PT than I ever was and I am looking forward to seeing what she can do with her future patients.

Speaking of new PTs and positive changes, we have a few happenings here starting in September. Morgan Shade, DPT is back!!! Many of you know she was our aide here at IMG-PT prior to attending PT school at DeSales University. She graduated at the end of August and her first day at the office is scheduled to be Wednesday September 8th. I cannot tell you how excited we all are to have her coming back to our office. She will start part-time while studying for her boards in October. I will let her introduce herself in one of our upcoming newsletters. I know she is excited to be back and is looking forward to working with all of our patients, but she is really excited to help Eric with the vertigo patients and Andrea with the Balance and Falls patients.

The other positive change that is happening is that we would like to bring back our Fitness program. It is going to be a "soft" trial re-opening. We have been closed to those Fitness friends for 18 months and it is time to have them return to the office. There will be some changes because of the pandemic and we need to make sure we do it right. We are going to have to schedule the visits for the fitness program, and they will be limited to 60-minute windows. To start, it will only be offered on Thursdays. We are planning to open on Tuesdays by the beginning of 2022. At that time fitness clients will be able to schedule Tuesdays and Thursdays. Eventually we are hoping to add other days of the week, but with the current state of the pandemic, it is not feasible. The program will be offered first to past fitness patients, please give our office a call so we can get you scheduled and help you back to achieving your health goals. We have missed you all and are very happy to be able to bring you back to the office!!!



To celebrate these 2 amazing changes, we are offering the first 10 past patients who call our office to schedule any type of Consultation a Free Laser session (regularly a \$60 value). We are limiting it to the first 10, so make sure you call and schedule immediately.

We are looking forward to our continued growth of our physical therapy "Family." And when I say "Family", I mean all of you. If we can be of any help with you or your family, please feel free to reach out to us and we will help anyway that we can. Have a great beginning of your Fall Season.



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5.0 ★★★★★ 3 Google reviews

Physical therapy clinic in Fleetwood Pennsylvania

We are trying to increase our presence on the web..could you please give us a Google review. TY

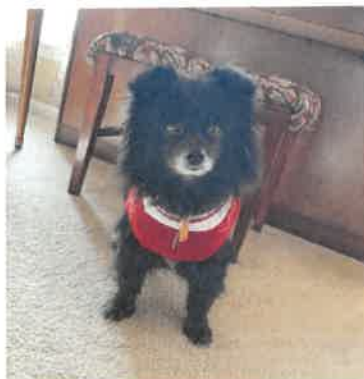
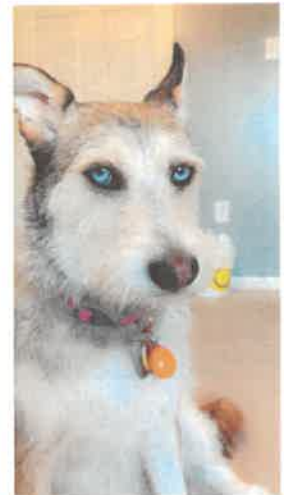
Meet Staff Member:

Laura

Hey everyone! My name is Laura Moran, and I'm happy to introduce myself as one of the newest PT Aide additions of the IMG-PT family! While you may have already seen me around the clinic, I am writing this (thanks to the reminders from Denise) to formally introduce myself.

I recently graduated in May from East Stroudsburg University with a bachelor's degree in Exercise Science. I originally became interested in physical therapy, because I myself had to go through the process several times due to the compartment syndrome in my legs, as a result from playing soccer for many years. By knowing what it felt like to be a patient and wanting to get back to my daily activities, it encouraged me to choose a career path that would allow me to help others get back to their happy, activity filled lives, while also getting to know so many different people. In my free time, I like to hangout with my big family and friends, play soccer, and go on trips to different places. I love spending time outdoors with my two dogs, Lady and Zoe, going on walks and hikes. Of course, I also enjoy (lazy) Sundays with my cats, Mr. Charles and Ollie. In the near future, I plan on applying to PT programs and going back to school.

I am happy to have gotten the opportunity to join the IMG-PT family back in May. These past few months have already been filled with fun and interesting experiences at the clinic, with all of the staff, students, and patients! I'm excited to learn much more from everyone and get to know all of you better!





"Before starting therapy I had trouble sleeping at night. I couldn't find a position in which I could sleep without pain. Within the 1st week of therapy I could finally lay down and get a good night's sleep. My pain levels have gone from 7/8 to 0/2. The staff is professional yet very friendly and a lot of fun."

Roger B. 7-19-2021



"I had knee surgery Aug. 4, 2020..however, I still had pain across my knee. I attended a knee pain workshop & scheduled therapy sessions. I now have less pain & more mobility. Thank you everyone for your expertise and help. Great Group!!"
James L. 7-8-2021

"I was in so much pain - I couldn't get a good night's sleep. I struggled to remain comfortable throughout my work day, and felt a lot of back pain when seated for any amount of time.
Thanks to everyone at IMG-PT I have full mobility and freedom to enjoy daily activities with my kids. I can sit and I can sleep without pain!
Thank you IMG-PT!!" Jamie H. 7-21-2021

Upcoming workshops here at our office:

September 2 - Knee Pain @ 6pm
September 16 - Rotator Cuff @ 6pm
September 30 - Knee Pain @ 6pm
610-944-8140

Say Hello To: Brian

Hello, I am Brian Cherrington and I am currently a student physical therapist at Arcadia University, beginning my second year and eager to begin my first clinical rotation at IMG-PT. I grew up in Lancaster, PA, and I earned a B.S. degree in biology with a minor in chemistry from Indiana University Southeast, where I played baseball as well. Currently I live in Wyncote, PA which is right outside of Philadelphia, but my previous baseball career provided me with the opportunity to live in many different states, including Maryland, South Carolina, West Virginia, and Indiana. In 2013 I ruptured my UCL, leading to surgery as well as sparking my interest to pursue Physical Therapy as a career.



I am currently engaged to my lovely fiancé, Madison, who is a pediatric nurse at The Children's Hospital of Philadelphia. Together we have two cats, Miya and Griffey. They are a little over a year old and keep our hands full. In my free time I really enjoy weight training, golfing, kayaking, as well as hiking. As I mentioned previously, I played baseball throughout my entire college career, where I pitched, and was fortunate enough to be recruited for a scouting workout with the Pittsburgh Pirates. I am an avid Baltimore Orioles fan and unfortunately watch them lose almost every night, but I enjoy watching anything competitive. Prior to Physical therapy school, I worked as an aid in an outpatient clinic, and prior to that I worked as an auto-detailer (where I was able to detail some really cool cars), and a mixologist.

I am eager to begin my first clinical rotation at IMG-PT, and continue to learn and grow as a Physical therapist. My interest sparked from my love of sports, but it does not end there. I have always been fascinated in the human body and how it works, as well as the way it responds to recovery. I am eager to make an impact at IMG-PT and empower individuals to get back to doing the things they love to do. I have a true knack for wanting to help people succeed, and I am excited to continue learning about the human body, and learn different perspectives on life from the inspiring patients I will encounter at IMG-PT.



